



Hot Drinks

Single Espresso	£2.15
Double Espresso	£2.95
Americano	£3.50
Flat White	£3.50
Latte	£3.50
Cappuccino	£3.50
Mocha	£3.50
Syrup ~ Caramel or Vanilla	£0.50
Luxury Hot Chocolate ~ Marshmallow, Whipped Cream	£3.50
English Breakfast Tea	£2.50
Fruit Tea	£2.75

We pride ourselves on using local produce whenever possible to bring you the freshest ingredients.

Our Wines are supplied by the family run Peter Watts Wines from Coggeshall. Since 1979 they have sourced the finest wines from the best smaller producers. We hope you enjoy our selections.



MENU



Light Bites

Ocean Pearl Salt & Pepper Squid ~ served with garlic mayo	DF	£7.50
Olive Nere ~ with fresh bread and dip	DF,V	£6.00
Portuguese Style Dirty Fries ~ bacon, jalapenos, cheese & spices	GF	£9.50
Duck Spring Roll ~ hoi sin sauce ~ salad	DF	£7.50
Fish Finger & Tartare Sauce Wrap ~ skinny fries	DF	£9.50
Sweet Chilli Chicken Wrap ~ skinny fries	DF	£9.50
Vegan Style Wrap ~ skinny fries	VE,V,DF	£9.00
MoniMar Sandwich ~ chicken, bacon, avocado, tomato, chilli Jam	DF	£11.50
Tuna & Red Onion Sandwich ~ mayo and herbs	DF	£9.50
Brie & Cranberry Toastie ~ add Bacon for £1		£8.50
Ham and Cheese Toastie		£8.50
Mozzarella, Tomato Panini ~ green pesto	V	£8.50

All sandwiches comes with crisps and garnish salad

Jacket Potatoes

Tuna, Herbs and Cheese ~ served with salad	GF	£9.50
Cheddar Cheese and Beans ~ served with salad	GF,V	£8.00
Mixed Bean and Red Pepper Chilli ~ served with salad	GF,DF,V,VE	£8.50

Sides

Skinny Fries	DF, V,VE	£4.00
Cheesy Chips	V	£5.50
Side Salad	GF,DF,V,VE	£4.50



Mains

Local Butcher Beef Burger ~ bacon, cheese, onion rings, chips		£14.50
Gammon Steak ~ egg, peas and chips	DF	£14.50
Scampi & Chips ~ peas ~chips ~Monika's tartare sauce	DF	£13.50
King Prawn, Courgettes, Coconut Curry ~ rice and poppadom	DF,GF	£14.50
Grilled Halloumi Burger ~ onion marmalade and chips	V	£12.50
Spaghetti Bolognese ~ onion garlic tomato Italian passata	DF	£12.50
BBQ Chicken Skewers ~ Elka's spicy rice, coleslaw and salad	DF	£14.50
MoniMar Salad ~ salad, broccoli, egg, feta, garlic yogurt	GF	£13.50
Sweet Potato Falafel Bites Salad ~ dressing	V,VE,GF,DF	£12.50
Grilled Steak Salad ~ homemade garlic bread & balsamic	GF*,DF	£14.50

Children's Menu

Local Butcher Burger ~ skinny fries		£8.50
Spaghetti Bolognese	DF	£8.50
Jumbo Fish Fingers ~ garden peas and fries	DF	£8.50
Jacket Potato ~ cheese or beans	V,GF	£6.50
Breaded Chicken Bites ~ garden peas and fries	DF	£8.50

Our Food

The majority of our food is homemade, using locally sourced ingredients wherever possible.

For dietary requirements, please speak to us as most dishes can be adapted

If you would like to know more, please speak to any member of staff.

DF = Dairy Free ~ GF = Gluten Free ~ V = Vegetarian ~ VE = Vegan ~ GF* = Can Be GF